**Backpacking/Camping List**

**\_\_\_\_ SCOUT SHIRT & TROOP ACTIVITY "ZIP-OFF" PANTS** (100% Nylon, Olive Drab color) Wear them, don't pack!

**\_\_\_\_ BACKPACK** (a real backpack with a waist strap) Line your Pack with a Lawn Bag first, to keep contents dry.

**\_\_\_\_ SLEEPING BAG** (Place a Lawn Bag inside a tough Outer Bag to protect from ripping, stuff (don't roll) sleeping bag into this double bag at least a 20 degree bag)

**\_\_\_\_ CLOSED-CELL FOAM SLEEPING PAD** ("Camp Pad," $7 - NO AIR MATTERESSES)

**\_\_\_\_ 100% POLYPROPYLENE LONG UNDERWEAR** Tops and Bottoms (To keep you warm if everything gets wet)

**\_\_\_\_ 3 pair HEAVY-DUTY SYNTHETIC or WOOL HIKING SOCKS**, No Cotton! (For year-around use)

**\_\_\_\_ STURDY HIKING BOOTS,** (1/2 size larger than regular size to fit both inner & outer socks – waterproof)

**\_\_\_\_ RAIN SUIT** (A Rain Suit has waterproof pants and top and keeps you drier than a poncho).

**\_\_\_\_ T-SHIRT, 1 extra pair BRIEFS or BOXERS**

**\_\_\_\_ LONG SLEEVE SHIRT**, No Cotton! (Synthetic fiber for good insulating quality and quick drying - $4 at thrift stores)

**\_\_\_\_ HEAVY WOOL SWEATER, or POLAR FLEECE SWEATSHIRT**, No Cotton! ($4 at Thrift Stores)

**\_\_\_\_** **WARM JACKET & SCARF** (if you have enough layers this is optional)

**\_\_\_\_ WINTER GLOVES or MITTENS**

**\_\_\_\_ WARM HATS** (One for Sleeping ONLY-Sleeping hat should be designed to stay on at night).

**\_\_\_\_ 1 extra pair LONG PANTS**, **No Cotton! No Jeans!** (Extra olive-drab Nylon Troop Activity Pants or other non-cotton Pants -- thrift stores)

**\_\_\_\_ HAT** with a brim

**\_\_\_\_ WATERPROOF "BLUE" TARP** -- 5'X7' or 6’x8’ (or heavy plastic Ground Sheet)

**\_\_\_\_ 1 LARGE LAWN TRASH BAGS**

**\_\_\_\_ GOOD QUALITY WHISTLE** on neck chain (Do NOT buy a cheap Whistle)

**\_\_\_\_ POCKETKNIFE and TOTEN CHIP** (No fixed blades and must be 3” or less-SMALL Swiss Army Knife, $13. Never buy a knife made in China!)

**\_\_\_\_ MESS-KIT** (BOWL, CUP, FORK, SPOON, PLATE -- heavy-duty plastic or metal in Ziploc gallon Ziploc Bag)

**\_\_\_\_ 1 ONE-QUART WATER BOTTLES**, filled (Any STURDY plastic bottle is OK, best are Wide-Mouth "Nalgene" Bottles, $4)

**\_\_\_\_ SMALL FLASHLIGHT** & EXTRA BATTERIES (Can be any style, but a headlamp enables use of both hands)

**\_\_\_\_ SMALL FIRST AID KIT** (You can make your own: BSA Handbook, Page 289).

**\_\_\_\_ 50 FEET LIGHT NYLON PARACHUTE CORD** (50 foot "Camo-Cord,")

**\_\_\_\_ COMPASS with a BASEPLATE**, (in a Zip-Lock bag (with map, if you have one))

**\_\_\_\_ MATCHES and FIREMAN CHIT** (in a Zip-Lock bag or waterproof match container.)

**\_\_\_\_ CLEAN-UP KIT** (Small Hand Soap, Small Toothpaste, Toothbrush, Comb, Floss, small Fast-Drying Camp Towel)

**\_\_\_\_ TOILET PAPER** (Half a roll in a Zip-Lock bag)

OPTIONAL EQUIPMENT

**Remember: Your pack, including FOOD & TENT, must weigh at or less than 1/3 of your body weight!**

**\_\_\_\_SMALL DOME TENT** (WE NEED THEM!) Caution: outer Rain Cover should come all the way down to the ground.

**\_\_\_\_ COMPRESSION STUFF SACKS** (Reduces size of sleeping bag or other bulky things -- Can be home-made)

**\_\_\_\_ SMALL LIGHTWEIGHT GAS STOVE**

**\_\_\_\_ POTS, PANS, UTENSILS** (as needed)

**\_\_\_\_ INSECT REPELLENT** (non-aerosol)

**\_\_\_\_ SUN GLASSES** (UV-Proof required for winter camping -- prevents snow blindness).

**\_\_\_\_ SIX or more 2-GALLON HEAVY-DUTY ZIP-LOCK BAGS** (To keep your clothes and gear organized and dry.)

**\_\_\_\_ REPAIR KIT** (Small Duct Tape, Needle & Thread, Safety Pins, Batteries, Extra Buckles & Straps, and Parts for your Equipment.)

**\_\_\_\_ OLD WORK GLOVES** (For working with trees & tools, and hot pots & pans)

**\_\_\_\_ SWIMSUIT & LIGHT WATER SHOES** (Ask if there will be a place to wade)

**\_\_\_\_ BANDANNAS** (A million uses)

**\_\_\_\_ PEN, PENCIL & PAPER, SMALL POCKET NOTEBOOK** (No, you can't borrow ours)

**\_\_\_\_ OPTIONAL EXTRA SET OF DRY CLOTHES TO LEAVE IN CAR** (In an extra bag, with your name on it)

**\_\_\_\_ EXTRA BAG FOR HEAVY ACCESSORIES** **(To be left in car!)** BSA Handbook, Camera & Film, Magnifying Glass, Nature Identification Books, Binoculars, Duct Tape, Prayer Book or Bible, More Extra Batteries

When you have questions please call Scoutmaster Altmiller (744-4467) or one of our other experienced Scouters.